

**Cheryl R. Graff**  
Regional Superintendent



**Karen Wolfe**  
Asst. Regional Superintendent

*“Committed to advocating and promoting education to strengthen our learning community for our students and life long learners.”*

## FY19 Wellness Policy Goal and Assessment Review (Conducted by Wellness Team, February 5, 2019)

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Policy Goals	Yes	No	Improvement Action
1. Students receive nutrition education as a part of a sequential, standards-based program coordinated with a comprehensive health education curriculum.	100%		
2. Students receive consistent nutrition messages throughout the school, classroom, cafeteria, home and community.	100%		
3. State and district health education curriculum standards and guidelines include both nutrition and physical education.	100%		
4. Staff that provides nutrition education has appropriate trainings.	100%		
5. Nutrition programs seek to provide educational activities for parents.	100%		
6. Education curriculum will be consistent with and incorporate relevant Illinois Learning Standards of the Physical Development and Health as established by the Illinois State Board of Education.	100%		
7. Students will be required to engage in a daily physical education course, unless otherwise exempted, as provided in an individual	100%		

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8. Parents are provided information to help them incorporate health eating and physical activity into their	100%		
9. Food Providers share information about the nutritional content of school meals.	100%		
10. School meals are served in a clean, safe and pleasant setting with adequate time to eat.	100%		
11. Food service personnel have pre-service training and regularly participate in professional development activities.	100%		
12. Food providers' work with Suppliers to obtain foods and beverages that meet nutrition requirements of school meals and nutrition standards.	100%		
13. Students are not permitted to leave school grounds to purchase food or beverages.	100%		
14. Foods and beverages consistent with the current Dietary Guideline for Americans and Food Guidance System are promoted.	100%		
15. Access to any area involved in storage, preparation or service of food is limited to authorize personnel.	100%		
16. School personnel do not use physical activity as punishment or withhold participation in recess or physical education class as punishment.	100%		
17. The physical activity facilities on school grounds are safe.	100%		

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18. Physical education classes have a student to teacher ratio comparable to those in other curricular areas.	100%		
19. The principal at each campus is responsible for implementing the wellness policy.	100%		
20. The wellness policy team conducts an annual review and implementation.	100%		

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# GOALS

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Goals	Action	Time Period & Designated Leader
Organize Trainings, for employees involved in the CEP Program, following ISBE guidelines for FY19 school year.	Create a training plan/schedule and verify employees and trainings will meet ISBE standards	FY19 School Year Ronda Dunn
Provide parents with nutritional information.	Use school handouts to get nutritional information in the homes of our students.	FY19 School Year Marla Rathjen
Encourage parents to provide Out-of-School fitness level activities.	Use school handouts to put an emphasis on physical activities that parents can also do at home with their children.	FY19 School Year Ronda Dunn